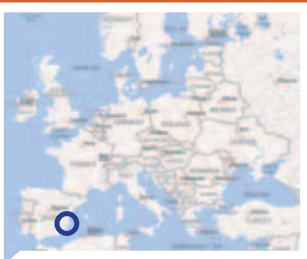




BENIDORM

sports and  
much more



Located in the Alicante province, in the heart of the Costa Blanca, Benidorm is one of the most important tourist destinations of the Mediterranean, internationally recognised and with a guarantee of quality.

Benidorm has five well maintained beaches with crystal clear waters and a pleasant temperature to swim all year round. Three coves: Mal Pas (awarded a Blue Flag, located between Poniente beach and the old town); Tío Ximo (at the foot of Sierra Helada, combines fine sand and rock, ideal for snorkelling); Almadrava (also at the foot of Sierra Helada, its rocky bottom full of aquatic life is an ideal attraction for scuba divers) and the two main beaches: Levante and Poniente.

**Levante Beach:** known throughout Europe, has over 2 km of fine golden sand. A wide variety of services are available to ensure maximum comfort and fun: sunbeds, walkways, playgrounds and safety equipment.

**Poniente Beach:** splendid crystal clear water and clean beaches and a quieter environment. Spectacular sunsets can be enjoyed from here. There is a full range of services and leisure facilities as well as such as a floating platform in summer with slides, beach library and recreation areas

These spectacular beaches, its protected spaces, festivals, nightlife and its diverse accommodation infrastructure



make Benidorm a very lively, fun and colourful town. Over 3,000 hours of sunshine and mild temperatures all year round, where each individual can find what they are searching for: relax, shopping, sports, wellness, hiking, adventure, cultural activities, festivals and an extensive range of cuisine (from the finest to the most traditional). Benidorm is the perfect holiday destination for all ages and groups.

Benidorm has also some thrilling attraction parks:

**Terra Mítica:** discovering the ancient Mediterranean civilisations has never been so fascinating: Egypt, Greece, Rome, Iberia and The Islands converge in this

huge park. Adventure and fun guaranteed. Europe's largest wooden roller coaster, "Ave Fénix" with a 60 metre free fall, and the "Titánide" and "Inferno" being world-renowned attractions.

**Terra Natura:** 320,000 m<sup>2</sup> is home to 2,500 flora specimens and 1,500 animals (50 in danger of extinction, like the first Indian Rhino born in captivity in Spain). Environments with exact recreations of their original habitats.

**Mundomar:** park with exotic marine animals and amazing performances, restaurants, picnic areas and a splendid viewpoint.

**Aqualandia:** largest water park in Europe. Waterfalls, zig-zags, kamikaze, black-hole, wave pools and shows will ensure enjoyment of children, young people and adults.

**Aqua Natura:** over 1,000 m of dizzying slides, wave pool, spa and sun-bathing areas for children will ensure the whole family spend a funny and exciting day.

Benidorm is a complete destination that offers many possibilities for sport and adventure activities on land, sea and air.

# Water Sports



Sailing

Benidorm offers an endless variety of water sports: fishing, boat rides or sailing, catamaran excursions, kayaking itineraries reaching the most remote corners. Some elite athletes came from the Club Náutico in Benidorm.



Cable Ski

For the most adventurous there is an impressive range of sports offers: wakeboarding, water skiing, mono skiing, cable ski (unique worldwide, the route is 1 km long and is located at the end of Levante Beach), canoeing, parasailing, jet skis, kite surfing or kite boarding, for an amazing experience.



Scuba Diving

The best way to discover the hidden secrets of Benidorm's sea bed is practising scuba diving. To soak up the unforgettable scenery of the marine reserve of Benidorm Island and its small clear water coves, snorkelling is the best option.







BIEN VIDEO RM

## Golf



Benidorm has an unbeatable offer for playing golf amongst breathtaking natural surroundings between the mountains and the Mediterranean shores. Here good weather and first class facilities are ensured.

There are three golf courses located a few minutes from the town adapted to different needs for amateurs or more advanced levels. “Las Rejas Open Club” has a golf pitch & putt 9 hole par 3 and “Villaitana Golf” has two 18 hole courses, par 72 championship and par 62 executive course, both with a Nicklaus Design distinctive stamp.

# Outdoor sports close to nature



Cycling

Benidorm is one of the most popular cycling regions in Spain. The irregular terrain of the Marina Baixa region makes it the perfect place for mountain biking. Sierra Helada, Sierra Cortina, Puig Campana, Sierra Aitana and Sierra Bernia are some of the most frequented by “extreme” mountain bikers. Many competitions such as the Luis Puig Trophy, The Volta a La Marina, stages of the Tour of Valencia, are celebrated here.

In addition, cycling throughout the town is very easy, as bikes can be loaned economically for short journeys from various areas of the town to promote sustainable transport called “Bicidorm”



Hiking / “Nordic Walking”

With the perfect combination of sea and mountains and a pleasant climate all year round, one cannot miss the opportunity to enjoy hiking or nordic walking in Benidorm. Different itineraries and pathways enable one to discover the most secret remote areas. Enjoy the routes through the nature park of Sierra Helada, the first Valencian protected sea & land park. With routes from 5.2 km to 16 km round trip, there are accessible and low difficulty routes, medium difficulty routes for the general public and high difficulty routes suitable for professional walkers.



Active Tourism

On the outskirts of Benidorm there is a wide range of active tourism opportunities for all levels: Paintball, jeep safaris, paragliding, high ropes... In addition, thrill seekers can experience climbing in a safe environment.

Moreover, the riding offer throughout the region is varied: Club Hípico de Benidorm offers horse-riding lessons, equestrian art shows and the possibility to enjoy long rides on horseback through breathtaking landscapes.







BIFNVIDEORM

## Other Sports



Segway



"L'Illa de Benidorm" Sports Pavilion



Football

The chance to get to know Benidorm on one of these environmentally friendly vehicles will be an unforgettable experience. The centre, the beaches, the nature park of Sierra Helada,... and much more! Tour guides with interpreters and wireless radio-guides equipment are provided.

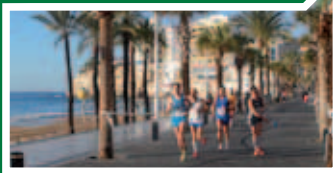
Both the Palacio de Deportes (Sports pavilion) and private companies in the area offer a wide range of sports and leisure activities. Extensive sport facilities in Benidorm offer tennis courts (several clubs) and paddle, squash, athletics, basketball, pelota valenciana, volleyball, handball, racquetball and other sports.

For those who love this sport, there is a wide offer of different types of football, both outdoor and indoor pitches. There are three artificial grass football 11 fields (six football 7 fields) and 2 natural grass fields. For indoor football there are 4 outdoor courts and 3 inside courts. There are many sport clubs and football leagues in Benidorm for those who enjoy playing. Here the International Youth Tournament Costa Blanca Cup is also held.



# Sports Events

Half Marathon



Every year in Benidorm important sports events take place. The following events are some of those that we highlight for 2013:

Costa Blanca Cup



**XXX Half Marathon and II 10 km race "Town of Benidorm":** These long distance races will be held on the 24th of November and run throughout attractive areas of the town. Twenty-eight editions of this prestigious event have taken place to date. Designed for active people who are eager to try this sport along an urban circuit

Darts Championship



**International Youth Football Tournament Costa Blanca Cup:** will take place 7th to 13th July 2013 and brings together players from around the world. Premium football pitches and the chance to meet people from different countries inside and outside the playing field make this event a unique and unforgettable experience. An edition of this tournament will also take place 28th to 31st March

Swim across from Island



**XII Swim across Benidorm Island:** this very popular crossing takes place the last Sunday of August, the 25th, swimming the distance between Benidorm Island and Mal Pas cove. Ideal for athletes drawn to the sea and new challenges .

**Spain International Bulshooter Darts Championship:** pioneer town in the European Darts Tour , where there are 80 targets and 400 players. To be held 31st October to the 3rd November, there is always a great atmosphere in this competition individually and in teams.

**Beach Soccer Tournament "Guillermo Amor":** important football tournament on the magnificent sandy beaches of Benidorm, named after the iconic international player born in the town. It will take place 28th to the 30th June on Levante Beach



# Sports Events

Trofeu de Nadal de Pilota



Nautical Christmas



San Silvestre race



Kayak Crossing



**III San Silvestre race:** this charismatic race is a stimulating humorous sport through the streets of Benidorm on the 29th December.

**XXIX Youth football tournament “Villa de Benidorm”:** traditional football tournament taking place on the 29th & 30th March and with the participation of FC Barcelona, Levante U.D and a local team.

**Bicycle day:** popular ride in April, directed at families and people of all ages. The route is over 12,000 meters and ends with a prize draw of various gifts

**Kayak Crossing:** route along the waters of Sierra Helada nature Park between the towns of Benidorm and Alfaz del Pi. It takes place in September

**XL Nautical Christmas:** National sailing competition which will take place in the bay of Benidorm on the 12th & 13th December

**II Duathlon ‘Town of Benidorm’:** Takes place 3rd March on an open circuit.

**Benidorm Basket Club Tournament:** International Tournament takes place 3rd to 5th May.

**Blue Week:** During the month of June different nautical activities will take place in the bay of Benidorm.

**II Triathlon ‘Town of Benidorm’:** Will take place on an open circuit from Poniente Beach to Terra Mitica on the 6th October

**World Championship Taekwon-Do ITF:** The world championship of this specialty takes place 23rd to the 25th October at the Palau d’Esports L’Illa de Benidorm.

**XXIV Trophy Nadal de Pilota ‘Alcalde Vicente Pérez Devesa’:** Grand tournament for this local sport from the Valencia Region. The final will take place on the 29th December



## Water Sports

### Cable Skí Benidorm

Playa de Levante. Rincón de Loix. 03503  
Telf: 965 851 386 - 639 882 376  
Email: [info@cableskibenidorm.com](mailto:info@cableskibenidorm.com)  
Web: [www.cableskibenidorm.com](http://www.cableskibenidorm.com)

### Club Náutico de Benidorm (Kayak, sailing, rowing)

Paseo de Colón, 2. 03501  
Telf: 965 853 067 - Fax: 965 866 563  
E-mail: [info@cnbenidorm.com](mailto:info@cnbenidorm.com)  
Web: [www.cnbenidorm.com](http://www.cnbenidorm.com)



### Club de Buceo Poseidón (Diving)

C/ Santander, 9 - Alfàs del Pi 4, Ed. Silvia. 03502  
Telf: 965 853 227  
E-mail: [poseidon@buceadoresposeidon.com](mailto:poseidon@buceadoresposeidon.com)  
Web: [www.buceadoresposeidon.com](http://www.buceadoresposeidon.com)

### Diving Stones (Diving, snorkeling, kayak, sailing)

C/ Santa Faz, 6, bajo. 03501  
Telf: 902 024 823 - 608 835 219  
E-mail: [info@divingstones.com](mailto:info@divingstones.com)  
Web: [www.divingstones.com](http://www.divingstones.com)



### Buceo Nisos Benidorm (Diving)

C/ Lepanto, 22. Edif. Karola L. 15. 03503  
Telf: 965 104 736 - 609 878 013  
E-mail: [info@nisosbenidorm.com](mailto:info@nisosbenidorm.com)  
Web: [www.nisosbenidorm.com](http://www.nisosbenidorm.com)

### Benidorm Sailing School (Windsurf & sailing)

Paseo de Colón, 2. Club Náutico. 03501  
Telf: 656 846 874 - Fax: 966 445 080  
E-mail: [info@benidormsailing.com](mailto:info@benidormsailing.com)  
Web: [www.benidormsailing.com](http://www.benidormsailing.com)

### Carlos Boat Hire

Puerto de Benidorm. 03501  
Embarcadero Rincón de Loix. 03503  
Telf: 965 853 018 - 966 800 418 - 607 350 978

### Acuatic Fun

Jet Ski excursions  
Playa de Levante. Rincón de Loix. 03503  
Telf: 663 811 040

## Golf

### Campo de Golf y Escuela Las Rejas Benidorm Sol de Poniente

C/ Presidente Adolfo Suárez, 5. 03502  
Telf: 966 889 775 - 630 626 787 - Fax: 966 889 895  
Email: [reservasbenidorm@lasrejasgolf.com](mailto:reservasbenidorm@lasrejasgolf.com)  
Web: [www.lasrejasgolfopenclub.com/benidorm](http://www.lasrejasgolfopenclub.com/benidorm)

### Villaitana Golf

Av. Alcalde Eduardo Zaplana Hernández-Soro, 7. 03502  
Telf: 966 813 013 - Fax: 966 813 016  
Email: [caddymaster.golf@villaitana.com](mailto:caddymaster.golf@villaitana.com)  
Web: [www.melia-villaitana.com](http://www.melia-villaitana.com)

## Horse Riding

### Rancho Sierra Helada

Ctra. Turística Benidorm-Albir, 5.  
Alfaz del Pi. 03503  
Telf: 678 98 31 19 - 610 917 446  
E-mail: [karenjlane@gmail.com](mailto:karenjlane@gmail.com)

## **Tennis & Padel Tennis**

### **Club de Tenis Pista Central Benidorm International Tennis Academy**

Sendero de la Barrina s/n.  
Alfaz del Pi. 03580. Telf: 630 661 169  
E-mail: lagunatennis@hotmail.com  
Web: [www.pistacentral.info](http://www.pistacentral.info)  
[www.lagunatennis.es](http://www.lagunatennis.es)

### **La Marina Tennis Club**

Sendero de la Barrina s/n.  
Alfaz del Pi. 03580.  
Telf: 966 866 233 - 626 171 370

### **Pádel Palau (Padel Tennis)**

Palau d'Esports. Pda. Salto del Agua.  
Telf: 681 347 225

### **Pádel La Marina (Padel Tennis)**

Sendero de la Barrina s/n.  
Alfaz del Pi. 03580.  
Telf: 622 710 477  
E-mail: [info@padellamarina.com](mailto:info@padellamarina.com)  
Web: [www.padellamarina.com](http://www.padellamarina.com)

### **Finca Guila Club de Tenis y Bowling**

Partida Almafrá s/n- 03503  
Telf: 965 857 743  
E-mail: [tormar6@gmail.com](mailto:tormar6@gmail.com)  
Web: [www.benidorm-bowls.com](http://www.benidorm-bowls.com)

## **Other Sports**

### **L'Illa de Benidorm Sports Centre**

Partida Salto del Agua s/n- 03503  
Telf: 966 831 050  
Email: [vigilantespalau@benidorm.org](mailto:vigilantespalau@benidorm.org)

### **Foietes Municipal Sports Centre**

Partida Foietes s/n- 03502  
Telf: 966 804 814

### **Bicidorm**

Bike rental  
Telf: 966 815 428  
E-mail: [info@labici.net](mailto:info@labici.net)  
Web: <http://bicidorm.labici.net>

### **Benisegway**

Telf: 670 339 434  
E-mail: [info@costablancatour.com](mailto:info@costablancatour.com)  
Web: [www.costablancatour.com](http://www.costablancatour.com)

### **Marco Polo Expediciones**

Avenida Europa, 5 - 03503  
Telf: 965 863 399 - 655 879 711  
E-mail: [info@marcopolo-exp.es](mailto:info@marcopolo-exp.es)  
Web: [www.marcopolo-exp.es](http://www.marcopolo-exp.es)

### **Trenet Senderista**

Excursions along railway line  
Alicante - Denia.  
Telf: 619 352 677 - 629 914 828  
[www.eltrenetsenderista.blogspot.com.es](http://www.eltrenetsenderista.blogspot.com.es)

### **Bowling Green Princesa**

C/ Mirador, 3 (Hotel Princesa)  
Telf: 965 853 040  
E-mail: [princesa@hotelesrh.com](mailto:princesa@hotelesrh.com)  
Web: [www.hotelesrh.com/hoteles-en-benidorm/hotel-rh-princesa/lawn-bowling-benidorm.html](http://www.hotelesrh.com/hoteles-en-benidorm/hotel-rh-princesa/lawn-bowling-benidorm.html)

### **Bowling Center Ozone**

American Bowling  
Av. Mediterráneo, 22. 03503  
Telf: 965 854 187 - Fax: 965 857 184  
E-mail: [ozonebowlingbenidorm@yahoo.es](mailto:ozonebowlingbenidorm@yahoo.es)

### **El Otro Mundo de Jaime**

Billiards  
C/ Ruzafa, 2. 03501.  
Telf: 965 867 904

### **Benidorm Sports Office**

Telf: 966 815 472  
E-mail: [esports@benidorm.org](mailto:esports@benidorm.org)  
Web: [www.benidorm.org](http://www.benidorm.org)

### **Benidorm Tourism Office**

Telf: 966 813 030  
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Web: [www.visitbenidorm.es](http://www.visitbenidorm.es)



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